

Kia ora Parents / Guardian

Welcome to Ora Toa Mauriora Waitech programme.

The participants are required to attend a three-hour session one day per week for a ten week period.

There is no cost for the programme but we do encourage a gold coin koha for the powhiri on graduation day which will be at the marae at Takapuwahia.

The programme is a vehicle to help young people to gain confidence on the water, build leadership skills, alcohol and other drug education, safety strategies, self-awareness and tikanga Māori.

Some of the skills that the students will learn include:

- To be able to introduce themselves in Māori.
- To learn and to perform a karakia.
- To learn and perform waiata.
- Learn tikanga around and history of waka.
- Education about Alcohol and other drugs, minimising gambling harm and mental health.
- Manaakitanga and looking after each other.
- To paddle a waka ama(outrigger canoe).
- Teamwork.
- To steer a waka ama.
- To rig a waka ama.
- Kawa -Safety strategies to minimise risk to oneself and others.
- Learn Maori models that help create healthy lifestyle practice.

Care and safety will be given at all times while your tamariki is in our care .Your child will be picked up and dropped off at the school at allocated times.

We need your support and permission for your tamariki to attend this course by signing the permission slip.

Ora Toa Mauriora will not be responsible for any personal losses of items of value. So if your children do have valuables, please ensure they give them to the facilitators so they can be safely stowed away.

If you have any questions please do not hesitate to contact us on ph (04) 2384071 or pop in and visit any time at 2 Ngati Toa St Takapuwahia.

Hei konei ra

Ropata Sefesi
Programme facilitator.
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Or 04 2384071

Jason Ryder
Programme facilitator.
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