

Titahi Bay School Triathlon ROUTE

Seniors



Senior Race - Year 4, 5, 6

RUN:

Beach - Toms Rd - Tireti Rd - Pathway by Tennis Court - Pathway to beach - Follow flags along the beach

WHEELS:

Toms Rd - Tireti Rd - Te Pene Ave - Kura St - Main Rd - Tireti Rd - Toms Rd

SWIM:

Around the flags

Juniors

Junior Race - New Entrant - Year 3

RUN:

Various distances along the beach

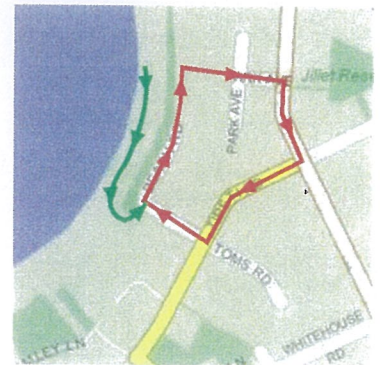
WHEELS:

NE/Year1 1 lap, Year2 2 laps, Year3 3 laps

Toms Rd - Pathway from Beach Rd - Past the Tennis Courts - Stay on the footpath from Main Rd into Tireti Rd - Toms Rd

SWIM:

Around the flags



Children start in waves according to their year group. Race order is as follows:

9am	NE/Year 1:	250m run, 200m wheels (1 lap), 50m wade
	Year 2:	300m run, 500m wheels (2 laps), 75m wade
	Year 3:	500m run, 1km wheels (3 laps), 100m wade
	Open Juniors:	250m run, 200m wheels, 50m swim
Not before 10:10am	Open Seniors:	750m run, 1.5km wheels, 150m swim
	Year 6:	750m run, 1.5km wheels, 150m swim
Not before 10:40am	Year 5:	750m run, 1.5km wheels, 150m swim
	Year 4:	750m run, 1.5km wheels, 150m swim
Not before 11:30am	Open Pre-schoolers:	250m run, 50m wade only

(These are approximate distances & times and will be subject to conditions on the day).

**THE SWIM SECTION OF THE TRIATHLON IS A RUN THROUGH THE WATER.
CHILDREN WILL NOT ACTUALLY BE SWIMMING.**