



## PEDAL READY NGAHERE (Year 5/6) TERM 1 2016

Dear Parents and Caregivers

Pedal Ready, an organisation that provides cycle skills training will be coming into our school next week to begin working with our senior children in Year 5 and 6. Pedal Ready has worked in our school before and we have seen a big improvement in the number of children bringing their bike to school and using our bike track. Our Pedal Ready focus for this term will be on preparing children for the wheels section of our annual **school triathlon scheduled at the end of week 7 on the 19<sup>th</sup> of March**. Your child will receive instruction from a team of qualified instructors, in a group based on their needs; whether they are learning to ride a bike or working on improving their general bike handling or decision making skills.

Please see below for the key session dates for your child. **It is helpful if your child brings their own bike and helmet to school on the dates they are working with Pedal Ready as they will be more confident at handling a bike they are already familiar with.** If your child does not have a bike, they may use one of our school bikes or they can organise to use another child's bike at the time of their session.

### **Ngahere Syndicate (Year 5/6)**

**Monday 22<sup>nd</sup> February Room 12 (Candis Wood)**

**Tuesday 23<sup>rd</sup> February Room 11 (Janelle Reid)**

**Wednesday 24<sup>th</sup> February Room 13 (Matt Tan)**

**Thursday 25<sup>th</sup> February Room 18 (Gillian Tumoana)**

**Monday 7<sup>th</sup> March Room 19 (Delwyn Gardner)**

**Monday 8<sup>th</sup> March Room 10 (Nicky Bell)**

All students will revisit the regular Grade 1 programme which focusses on specific bike handling skills **over one morning (9-12.30)**. There will also be some other activities to help them prepare them for the school triathlon.

### **Ngahere Syndicate (Age 10+ only)**

**Wednesday 9<sup>th</sup> March**

**Thursday 10<sup>th</sup> March**

**Friday 11<sup>th</sup> March**

**Monday 14<sup>th</sup> March**

**Tuesday 15<sup>th</sup> March**

**Senior students aged 10 and above** will receive an **additional Grade 2 program** which focusses on group riding on the road to ensure they get lots of practice with decision making. There will also be some basic bike handling training to cater for any children who are working on this, as well as improving their overall confidence when cycling. Seniors aged 10 and above will receive a letter closer to their session date reminding them which morning they will receive training on.

This is an exciting opportunity for all our tamariki to improve their overall confidence at cycling! For more information on Pedal Ready you can visit **[www.pedalready.org.nz](http://www.pedalready.org.nz)**

**Ngahere Team**

**Titahi Bay School**