

Titahi Bay School

LEARNING FOR LIFE

HE MANU HOU AHAU, HE PI KARERE

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PUBERTY UNIT

Dear Parents/Caregivers of Year 5 and 6 students

During the first two weeks of Term 4, starting on Monday 15th October Ngahere (Years 5/6) will be covering a unit called 'Positive Puberty'. The lessons will be taken by the classroom teacher and will cover the basics of:

- Body bits
- Our changing bodies
- Daily routines
- Valuing myself
- Teasing
- Peer pressures
- Our different cultures
- Get the picture (media literacy)
- Health Care Agencies

For some lessons, the boys and the girls will be separated to allow for discretion for children to voice their questions in a more suited environment.

We will not be providing any information about sexual intercourse, sexuality or contraception.

On Thursday 28th September at 5pm, in the school staffroom, we will hold a short meeting to discuss with you further the topics we will be covering and to answer any questions or concerns you may have. This meeting is optional. If you intend on attending, could you please send your child's teacher an email so we know rough numbers. Thanks.

If you are unable to make the meeting but want further information please ask your child's class teacher and they will share the unit plan with you.

As a parent or caregiver, you do have the right to withdraw your child/children from this unit. If, for whatever reason, you do not wish your child to take part in these lessons, please contact your child's teacher via email.

Thank you

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