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17 February 2016

Dear Parents/Caregivers

Cross Country Training

Candis Wood and Sharon Hartley will be starting cross country training on Thursday lunchtimes, starting in week 4 (25 February 2016). This is to allow keen runners to work towards being selected for the interschool cross country event in Term 2 on 25 May 2016 and also to get fit for the triathlon and Titahi Bay School cross country.

The training is open to all year 3-6 but please note that only year 4-6 are eligible for selection for the interschool events. The selection for the interschool team is made at the Titahi Bay School cross country (early Term 2, date to be advised) where the top 4 girls and top 4 boys for each year group make up the school team.

Students keen to come to the weekly training need to have shoes suitable for running in (no bare feet) and shorts with them at school on Thursdays. Interested runners can give their names to Sharon Hartley in Room 7 or Candis Wood in Room 12.

Sharon Hartley
Candis Wood