



## **TITAHI BAY SCHOOL - KURA KIDS are Believers and Achievers**

*Kura Street, Titahi Bay, Porirua 5022    P O Box 50441, Porirua 5240    Phone: 04 236 8399*  
*website: [www.titahibay.school.nz](http://www.titahibay.school.nz)    email: [office@titahibay.school.nz](mailto:office@titahibay.school.nz)*

Kia ora Year 6 whanau, welcome to 2019!

We are now only 2 weeks away from our year 6 camp!

Please read the documents in this pack carefully.

**We need the medical and consent form completed, signed and returned by next Monday 4th February in order to meet any dietary requirements deadlines.**

Also included is another gear list and a camp timetable. which also lists the activities children will be doing at camp.

If you have any queries or concerns regarding camp please contact your child's classroom teacher or myself. We are used to children being nervous about going or having certain things they don't want other children to know about. We are discrete and make sure camp is the best experience for every child.

Thank you

Jamie Merrick

Deputy Principal

# Titahi Bay School Year 6 Camp 2019 Medical and Consent Form

(Child's full name) \_\_\_\_\_ has permission to attend the residential camp at El Rancho (Waikanae) and take part in the activities involved including visiting the Paraparaumu Aquatic Center on the return journey.

Medic Alert Number (if your child has one) \_\_\_\_\_

**Please tick if your child suffers from any of the following:**

- ☐ Migraine
- ☐ Diabetes
- ☐ Chronic Nose Bleeds
- ☐ Epilepsy
- ☐ Travel Sickness
- ☐ Heart Condition
- ☐ Asthma
- ☐ Seizures of any type
- ☐ Dizzy Spells
- ☐ Other: \_\_\_\_\_

**Does your child suffer from any of the following?**

- ☐ Bed Wetting
- ☐ Sleep Walking
- ☐ Anxiety (staying away from home)
- ☐ Other: \_\_\_\_\_

**Is your child currently taking medication?**

- ☐ Yes
- ☐ No

**If you answered yes to the above question please give us more information:**

**Name of medication? Dosage and time/s to be taken? Other Treatment?** (Medication and administering treatment – be as specific as you can please)

---

---

---

---

**Does your daughter get her period?**

☐ Yes

☐ No

**If this is likely to happen while at camp can you let Carly St-Laurent know and tell her the systems you use at home for this. We want to limit anxiety for all students.**

**Does your child have any allergies to the following?**

☐ Prescription Medication

☐ Food

☐ Insect Bites/Stings

☐ Other: \_\_\_\_\_

**If you answered yes to the above question, please explain what treatment is required.**

---

---

---

---

**When was your child's last Tetanus Injection?**

---

**Does your child have any dietary requirements? If so provide more information.**

---

---

---

**What pain / fever medication may your child be given if they require this?**

---

---

---

**Is there any information the staff should know to ensure the physical and emotional safety of your child? E.g. cultural practices, disabilities, anxiety about heights, darkness, small places, behaviour, emotional concerns, toileting concerns, activity related concerns etc**

☐ Yes

☐ No

**If you answered yes to the above question please explain...**

---

---

**Emergency Contact Person 1:** This is the first person we will contact in the case of an emergency

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

**Emergency Contact Person 2:** This is the second person we will contact in the case of an emergency

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date completed: \_\_\_\_\_

# **GEAR LIST**

|  |   |
|--|---|
| <p><b>With you on the Wednesday</b></p> <ul style="list-style-type: none"> <li>• <u>School bag</u></li> <li>• <u>Morning tea and lunch</u></li> <li>• <u>Named drink bottle</u></li> <li>• <u>Hat</u></li> <li>• <u>A packet of biscuits/home baking to share for supper</u></li> </ul>  | <p><b>Clothing</b></p> <ul style="list-style-type: none"> <li>• Pyjamas</li> <li>• Underwear and socks</li> <li>• 2 days' changes of clothes</li> <li>• Extra change of clothes</li> <li>• Long pants</li> <li>• Warm clothes (jersey / hoodie / long pants)</li> <li>• Jacket / Rain coat</li> <li>• Sunhat</li> <li>• Shorts, T-shirts, singlets</li> <li>• Appropriate shoes for physical activity</li> <li>• Swimming togs</li> <li>• 2 plastic bags (one for dirty clothes and one for wet clothes)</li> </ul> |
| <p><b>Camping Gear</b></p> <ul style="list-style-type: none"> <li>• Sleeping bag</li> <li>• Fitted sheet</li> <li>• Pillow</li> <li>• 2 towels (one for showering and one for water based activities)</li> <li>• Sunblock</li> <li>• Torch</li> </ul>  | <p><b>Toiletries</b></p> <ul style="list-style-type: none"> <li>• Toothbrush and toothpaste</li> <li>• Soap</li> <li>• Shampoo/Conditioner</li> <li>• Flannel</li> <li>• Deodorant</li> <li>• Brush/Comb/Hair ties</li> </ul>   |
| <p><b>Optional</b></p> <ul style="list-style-type: none"> <li>• Swimming goggles</li> <li>• Footwear to wear in water</li> <li>• Sunglasses</li> <li>• Camera – not phone</li> <li>• Teddy bear / soft toy</li> <li>• One reasonable sized pack of biscuits or lollies</li> <li>• Wetsuit (if you already have one)</li> <li>• Insect Repellent</li> </ul> | <p><b>Medication</b></p> <p>If you need to take any medication to camp please give these to Mrs Hartley. All medication needs to be CLEARLY NAMED.</p>  |



www.teacherspay.com

# Titahi Bay School Timetable El Rancho Camp 2019

|               | Wednesday 13th February                      | Thursday 14th February                       | Friday 15th February  |
|---------------|--|--|---|
| 7.00 - 8.00   |  | Wake and get ready for day                   | Wake and get ready for day  |
| 8.00 - 9.00   | Meet in hall with all gear after 8.30        | Breakfast                                    | Breakfast   |
| 9.00 - 10.00  | Bell, Roll, Buses. Buses leave at 9.20       | Activity Rotation 5                          | Clean and organise packed lunch   |
| 10.00 - 10.15 | Arrive, settle in and have Morning Tea       | Morning Tea                                  | Morning Tea   |
| 10.15 - 11.15 |  | Activity Rotation 6                          | Activity Rotation 11  |
| 11.15 - 12.15 | Activity Rotation 1                          | Activity Rotation 7                          | Leave camp on buses   |
| 12.30 - 1.30  | Lunch  | Lunch  | At Coastlands Aquatic centre 12.00 - 2.20   |
| 1.30 - 2.30   | Activity Rotation 2                          | Activity Rotation 8                          |   |
| 2.30 - 3.30   | Activity Rotation 3                          | Activity Rotation 9                          | <u>Activities</u><br>Raft building<br>Rockwall<br>Team initiatives<br>Kayaks<br>Horses<br>Archery -soft<br>Go Karts<br>Tubing<br>Archery<br>Low ropes<br>Air rifles |
| 3.30 - 3.45   | Afternoon Tea                                | Afternoon Tea                                |   |
| 3.15 - 4.45   | Activity Rotation 4                          | Activity Rotation 10                         |   |
| 4.45 - 5.30   | Free time/Confidence course/water slide/pool | Free time/Confidence course/water slide/pool |   |
| 5.30 - 6.30   | Dinner                                       | Dinner                                       |   |
| 6.30 - 8.30   | Evening activities                           | Evening Activities (Bonfire)                 |   |
| 8.30          | Diary Writing                                | Diary Writing                                |   |
| 9.00          | Bed  | Bed  |   |
|               |  |  |   |
|               |  |  |   |
|               |  |  | Bus back to school arrive 3.00  |